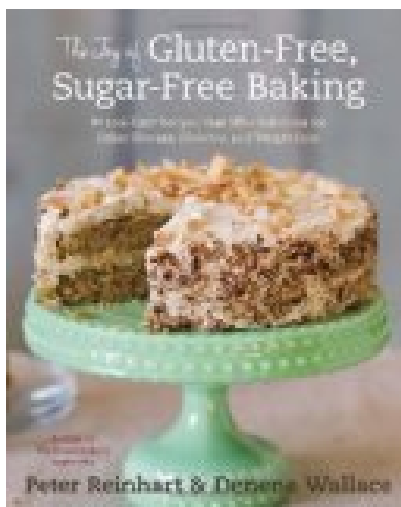


The Joy of Gluten-Free Sugar-Free Baking 80 Low-Carb Recipes that Offer Solutions for Celiac Disease Diabetes and Weight Loss



BOOK DETAILS

- Author : Peter Reinhart
- Pages : 224 Pages
- Publisher : Ten Speed Press
- Language : English
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BOOK SYNOPSIS

Combines the expertise of a James Beard Award-winning author and a developer of the Proseed Flour blend in a culinary reference for wheat sensitive, diabetic and low-carb/low-sugar dieters that provides recipes for a selection of healthful breads, pastries and other baked goods that use nut and seed flours instead of starches. 20,000 first printing.

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