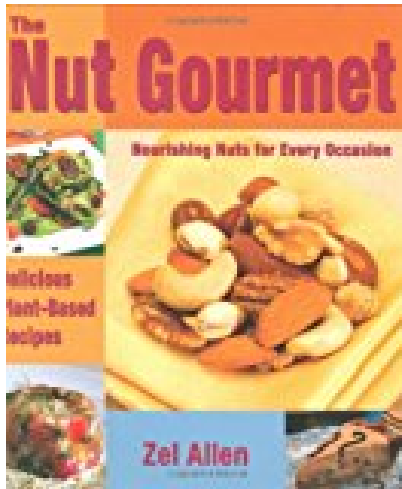


# THE NUT GOURMET Delicious Plant-based Recipes Valuable Nutritional Information

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## BOOK DETAILS

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## BOOK SYNOPSIS

“When it comes to recipes, Ms. Loomis delivers.” —Wall Street Journal Go nutty with Nuts in the Kitchen! Internationally renowned food expert Susan Herrmann Loomis has put together a comprehensive collection of more than 100 nut recipes for every meal and every taste. The owner and operator of the On Rue Tatin cooking school in Normandy, France, and author of Cooking at Home on Rue Tatin, Loomis takes nutritious, delicious nuts beyond the bowl and into appetizers, salads, main courses, and desserts. Nuts in the Kitchen is an omnivore’s delight—a treat for vegetarians, vegans, and health-conscious eaters looking for balanced diets rich in flavor—offering a host of surprising, sophisticated, wonderfully inventive new uses for this delectable, protein-packed ingredient.

### **THE NUT GOURMET DELICIOUS PLANT-BASED RECIPES VALUABLE**

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