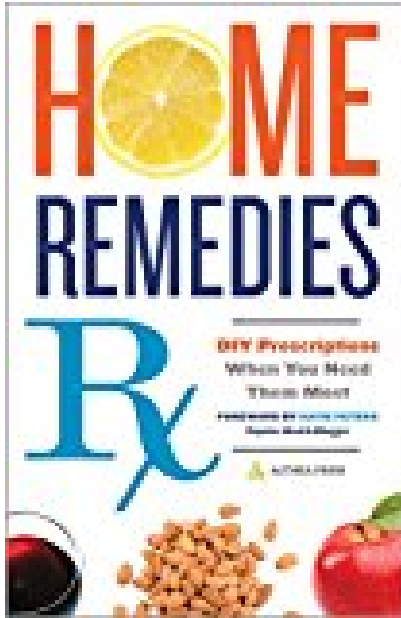


Home Remedies Rx DIY Prescriptions When You Need Them Most



BOOK DETAILS

- Author : Althea Press
- Pages : 320 Pages
- Publisher : Althea Press
- Language : English
- ISBN :

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BOOK SYNOPSIS

Relief is just an arm's reach away. Health ailments and injuries are bound to interrupt your day-to-day life when you least expect it. Home Remedies Rx offers safe and effective treatments when you need them most. Whether you are battling insomnia, a headache, chapped lips, a bee sting, or acid reflux, Home Remedies Rx offers tried-and-true solutions to help alleviate everyday aches and pains, as well as tips for enhancing beauty and wellness. From the natural healing experts who brought you the New York Times bestseller Essential Oils for Beginners, Home Remedies Rx will help you treat today's ailments with time-tested wisdom. Home Remedies Rx offers effective, natural remedies at your fingertips, with:

- An easy-to-navigate A-to-Z reference guide to natural home remedies
- Profiles of more than 60 healing foods, household products, and essential oils
- Effective home remedies to treat more than 100 common ailments and address your beauty and wellness needs
- DIY treatments for prenatal, infant, and child-age ailments
- Natural home remedies to help your pets stay healthy too

Save time, money, and trips to the doctor's office with this handy guide to home remedies.

HOME REMEDIES RX DIY PRESCRIPTIONS WHEN YOU NEED THEM MOST

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