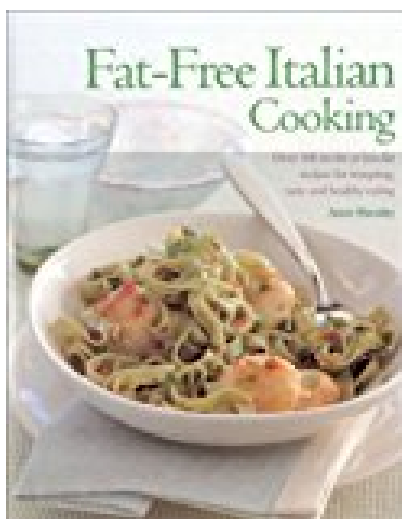


# Fat-Free Italian Cooking Over 160 No-Fat or Low-Fat Recipes for Tempting Tasty and Healthy Eating

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